

Brenda Ciardiello

Shinrin-yoku: Forest-inspired Watercolor Landscapes



Basic Materials Needed:

- 1-2 pieces of 9 x 12 140lb Cold-Pressed Watercolor Paper (Arches)
- Optional: ½ piece of a full sheet of watercolor paper 140lb+ (15 x 22 inches)
- 3-4 round watercolor paint brushes (suggested sizes: 4, 6, 10 and 1" wash brush)
- Paints in a Palette (Winsor Newton or Daniel Smith primary colors in cool / warm options, at least; see below for specific suggestions)
- Pencil & Kneaded Eraser
- Painter's Tape (if using loose paper) & particle board to mount paper on
- 2 clear water containers & some paper towels

Online Dick Blick Materials List (for purchasing):

www.dickblick.com/lists/wishlist/RS1PFTPXGIEFJ/publicview/

Other Resources for Art Supplies:

Asel Art: locations throughout Dallas/Fort Worth area, www.aselart.com

www.dickblick.com

www.cheapjoes.com

www.jerrysartarama.com

Expanded Material List (not necessary – use them if you like):

- **Paint:** For beginners not wanting to invest much in materials a basic watercolor palette from a place like Michaels will do: <https://www.michaels.com/36-color-watercolor-pan-set-by-artists-loft-necessities/10122060.html>

At the intermediate or advanced level, you should have a palette already set up with a variety of paints. If not, you will need at least 3 primary colors in warm and cool options plus a few convenience colors of your choice (pre-mixed greens, browns, grays, blacks, etc.). I recommend the brands below. For a more economic option, the **Winsor & Newton Cotman brand** is for students and less expensive than professional lines.

WINSOR & NEWTON (Professional or Cotman Student-Grade)

Warm yellow: Winsor Yellow Deep

Cool yellow: Cadmium Yellow

Warm red: Cadmium Red

Cool red: Permanent Rose

Warm blue: Ultramarine Blue



Cool blue: Pthalo Blue

Extras / Optional: Hookers Green, Indigo, Sepia, Paynes Gray, Burnt Sienna

OR

DANIEL SMITH

Cool yellow: Hansa Yellow Light

Warm yellow: New Gamboge

Cool red: Quinacridone Rose

Warm red: Pyrrol Scarlet

Cool blue: Pthalo blue GS

Warm blue: French Ultramarine

Extras / Optional: Jane's Gray, Burnt Sienna, Phthalo Green

- **Paper:** 9 x 12 or 12 x 16 inches; 140lb cold-pressed watercolor paper BLOCK or Pad (10-20 sheets); Arches is great and available at Michael's, Asel Art, & online at Amazon.
- 1 x roll of regular masking tape or Blue Painter's tape (blue)
- 1 x piece of particle board several inches larger than the paper you are using (18 x 24); check at Lowe's / Home Depot or art stores.
- 2 x CLEAR water containers (plastic take-out containers with lids work great)
- 1 x kneaded eraser (look for these in a craft or art store)
- Pencils
- Palette of Choice, preferably one with plenty of space to mix colors (John Pike Palettes are my favorite but I also love the Butcher trays. You can also use an old white dinner plate)
- Brushes: These are the basic brushes you will need for my class, but feel free to get more. My preferred brand which is good for serious painting but not too expensive is the **Silver Black Velvet** brand - it is a mixed synthetic / squirrel hair brush.
 - 1 x 1-inch flat brush (for washes)
 - 1 x size 4 round brush
 - 1 x size 6 and / or 8 round brush
 - 1 x 10 and/ or 12 round brush
- A roll of paper towels / a few cotton rags (cut up old t-shirts work great)
- A ruler (preferably clear)

OPTIONAL MATERIALS:

- Very small spray bottle filled with water
- Table salt in small container
- Masking fluid (frisket) and pick-up tool
- Disposable plastic spoon, small
- Scrap watercolor paper for testing colors



Learn more about the instructor:

www.brendaciardiello.com

IG: @brendaciardiello.art

Facebook: <https://www.facebook.com/BrendaCiardielloArt/>

BEFORE YOU PURCHASE YOUR MATERIALS:

Your class may be cancelled due to low registration. If this is the case, we will make the call two full working days prior to the class and notify you via email. If your class is not cancelled, you will receive an informative email from us two days prior to your class.

You will hear from us via email either way.

If you do not receive an email from us one day prior to your class, please call 817.332.4441.

FWBG | BRIT reserves the right to cancel a class for any reason.