

Leslie Robertson  
**Self-Care Workshop: Meditative Mark  
Making in Nature**



Materials Needed:

- Items you gather from nature, such as leaves, sticks, flowers, etc.
- Paper & pencil
- Markers
- Writing utensils (anything you can imagine)

**BEFORE YOU PURCHASE YOUR MATERIALS:**

Your class may be cancelled due to low registration. If this is the case, we will make the call two full working days prior to the class and notify you via email. If your class is not cancelled, you will receive an informative email from us two days prior to your class. *So, you will hear from us via email either way.* If you do not receive an email from us one day prior to your class, please call 817.332.4441.

FWBG | BRIT reserves the right to cancel a class for any reason.